DECEMBER 2024

Breakfast & Lunch Menus

Thomas Intermediate



We are Offer vs Serve.
We are required to offer 5 components for Lunch. Students need to take at least 3 of the 5.
Milk, Grain, Meat, Veg, Fruit

Monday

Breakfast: Biscuit & Gravy or Cereal & Toast, Fruit

Lunch: Personal Pan Pizza Veg & Fruit

Breakfast:
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch: Spaghetti & Meatballs Veg & Fruit

Breakfast: Pizza or Cereal & Toast, Fruit

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Lunch:
Chicken & Noodles, Breadstick
Vea & Fruit





Tuesday

Breakfast: Tornados or Cereal & Toast, Fruit

Lunch: Lasagna & Breadstick Veq & Fruit, Brownie

Breakfast: Biscuit Sandwich or Cereal & Toast, Fruit 10

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Lunch: Grilled Cheese & Soup Vea & Fruit

Breakfast: Waffles or Cereal & Toast, Fruit

Lunch: Taco Salad & Rice Veq & Fruit





Wednesday

Breakfast: Donut or Cereal & Toast, Fruit

Lunch: Chicken Nugget Dinner

Breakfast: Wolverine Breakfast

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Lunch: Steak Finger Dinner

Breakfast: Cinnamon Roll or Cereal & Toast, Fruit

Christmas Dinner



Thursday

Breakfast: Omelet & Toast or Cereal & Toast, Fruit

> Lunch: Fish & FF Veg & Fruit

Breakfast:
Combo Bar & Toast
or Cereal & Toast, Fruit

Lunch: Sloppy Joe & FF Vea & Fruit. Cake

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Chicken Patty Sandwich & C
Veg & Fruit



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Friday

Breakfast: French Toast Sticks or Cereal & Toast, Fruit

Lunch: Cowboy Stew & Cornbread Vea & Fruit

Breakfast: 13
Muffin & Yogurt or
Cereal & Toast, Fruit

Lunch: Popcorn Chicken & TT Vea & Fruit

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

Lunch: PBJ Sack Lunch





This institution is an equal opportunity employer.